

# Our Marriage Journal

A challenge in your relationship is talking. Not just communicating, but talking. This journal for couples is one way to start the healing process or sustain and grow with each other.

Using these relationship prompts and scriptures will bring you and your spouse closer through conversation and discovery for a safe place to heal and grow.

*Terri White*  
AUTHOR. SPEAKER. TRAINER.

Order the full journal at [terriwhite.net](http://terriwhite.net)

# Our Marriage Journal



Day 1:

Wife: Write why you feel it is important to work on your marriage journey.

---

Terri White  
AUTHOR. SPEAKER. TRAINER.

*What therefore God has joined together, let not man put asunder.  
Mark 10:9*

# Our Marriage Journal



Day 2:

Together: If you could make a movie about your marriage, what would the title and caption be and why?

---

Terri White  
AUTHOR. SPEAKER. TRAINER.

*And the Lord answered me, and said, write the vision...*  
*Habakkuk 2:2a*

# Our Marriage Journal



Day 3:

Together: Write a poem about your marriage.

---

Terri White  
AUTHOR. SPEAKER. TRAINER.

*He remembered our utter weakness. His faithful love endures forever.*

*Psalms 136:23*



# Our Marriage Journal



Day 4:

Husband: Write about a subject that's difficult to talk to your wife about.

---

Terri White  
AUTHOR. SPEAKER. TRAINER.

*Everything is pure to those whose hearts are pure.*

*Titus 1:15a*

# Our Marriage Journal



Day 5:

Together: Write about the last time you prayed together.

---

Terri White  
AUTHOR. SPEAKER. TRAINER.

*Casting all your care upon him; for he careth for you.*

*1 Peter 5:7*

# Our Marriage Journal



Day 6:

Together: Write about a relationship ritual you would like to start.

---

Terri White  
AUTHOR. SPEAKER. TRAINER.

*And he prayed again, and the heaven gave rain, and the earth brought forth her fruit.  
James 5:18*

# Our Marriage Journal



Day 7:

Together: Write about the first exciting experience you had.

---

Terri White  
AUTHOR. SPEAKER. TRAINER.

*But we have this treasure in earthen vessels, that the excellency of the power may be of God, and not of us.*

*Titus 1:15a*